



Email: hello@wrekinstarjudo.couk

Phone: 07786 548657

WELCOME TO OUR CLUB

JOINING INSTRUCTIONS

Who is judo for?

Everyone aged 6 and over is welcome to come and try judo or if you've done judo before, we welcome returners, whatever your age!

You don't need to be fit – judo is an excellent way to get fit at your own pace. We cater for all abilities and are fully inclusive, with coaches trained in adaptive judo for players with additional needs.

How do I join?

You can pop along to a session on a Tuesday or Thursday (or both!) You don't need to contact us beforehand but if you do have any questions, please feel free to reach out.

Sessions times are:

Tuesday

Beginners: 5:45pm to 6:30pm

Juniors: 6.30pm to 7:30pm

Seniors: 7.30pm - 9pm

Thursday

Juniors: 6pm to 7pm

Seniors: 7pm to 8.30pm

Friday

Seniors: 6:30pm to 8pm

Joining Instructions

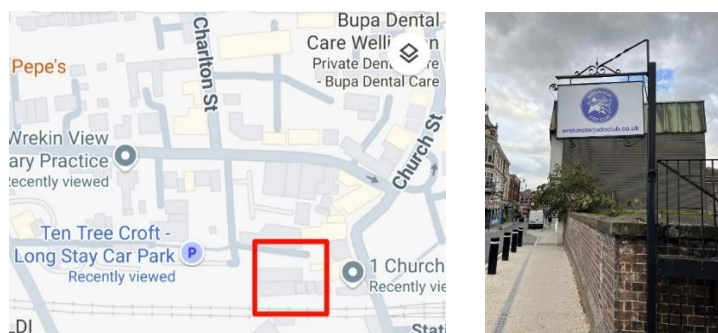
We have judo jackets and belts that can be borrowed free of charge. Please wear an old T shirt and loose-fitting trousers, like jogging or tracksuit bottoms (there are changing rooms on site). And bring a bottle of water! Arrive at least 10 minutes before the start of the session (juniors 6yrs to 13yrs) (seniors 14yrs to 70yrs+). The ladies in reception will take your details and provide you with joining instructions if you decide you'd like to carry on after your first **FREE SESSION**.

Where to find us

We are located at 1 Church Street, Wellington TF1 1DD in the centre of the town.

From the train or bus station it's a couple of minutes' walk – across the bridge over the train track and through the gate with our logo sign down our alley – we are located mid-way down the alley. There is lighting and CCTV. [///ditched.harmony.soaps](http://ditched.harmony.soaps) (What3Words)

Arriving by car – there is a free car park at the rear of the venue **Ten Tree Croft Car Park** – past Morrisons' island on the left coming towards Wellington or turn right past the Smithfield chip shop and follow the signs to the first turn on the right [///animator.helper.scouted](http://animator.helper.scouted) (What3Words)



How much does it cost?

Judo is traditionally a relatively inexpensive sport compared to most other martial arts and sports. As we are run solely by volunteers, every penny goes back into the club for the benefit of its members.

Prices

Junior

£6.00 per session

or

£20.00 per month standing order* (equivalent of £4.70 per session)

Senior

£7.00 per session

or

£24.00 per month standing order* (equivalent of £5.65 per session)

*Standing order is double if two sessions per week are attended

*Discount is applied when paying monthly by standing order: includes 1 session per week on an average of 51 weeks

FIRST SESSION IS FREE!

Annual Membership

Junior

£13.00 per annum

Senior

£18.00 per annum

Membership is payable each January (or time of becoming a member) for the year

Spectators

We encourage parents to stay and watch their children

Refreshments available at very reasonable prices

There is also a large, seated reception area with free WiFi away from the judo hall (dojo)